

Typical Three Capitals Programme

Week 1	Morning	Afternoon	Evening
Tue	Arrival	Arrival	Welcome Games
Wed	Coach to York	York Minster, Walls and the Shambles	Film Night
Thurs	Coach to Edinburgh	Tour of the Historic City Centre & Royal Mile	English Tea Party
Fri	Placement Test English Class	Holyrood Park & Arthur's Seat	Great British Historical Figures
Sat	English Class	Edinburgh Castle	Ceilidh (Traditional Scottish Dance)
Sun	English Class	English Class	Highland Games
Mon	English Class	Sports Choice Dance/Drama	Edinburgh Fringe Show
Week 2	Morning	Afternoon	Evening
Tue	English Class	The Edinburgh Fringe Experience Free time in Edinburgh City Centre	Edinburgh Farewell Disco
Wed	Coach to the Lake District (Ambleside)	Boat Tour of the Lakes	A Talk on The Romantic Poets
Thurs	Coach to Manchester Guided Tour of Old Trafford	Coach to Cardiff	Sports Choice
Fri	Cardiff Castle & Tour of the City Centre	Guided Tour of The Millennium Stadium	3 Capitals Project Work
Sat	Entrance to Stonehenge	Coach to London	3 Capitals Quiz Night
Sun	The Tower of London	Shopping in Oxford Street	West End Musical
Mon	South Bank & Shakespeare's Globe	3 Capitols Project Presentations	Farewell Party